

# AFTER HOURS PSYCHOSOCIAL SUPPORT

## Participant-Centered After-Hours Support

Your well-being is our priority, with access to dedicated Trauma & Anxiety specialists outside standard hours. Our NDIS support-line offers a personal support-specialist for welfare checks, emotional support, and assistance, ensuring you're never alone in your time of need.

### ● **Welfare Checks** Around the **clock**

Compassionate support for mental health and other challenges. Crisis Intervention: Scheduled daily/hourly Welfare Checks for self-harm, suicidal Ideation, and other critical situations. Chronic conditions: Managing substance abuse, seizures, medical disorders, and fall risks.

### ● **Emotional Support** When you **need**

Guidance During Overwhelming Moments: We help you navigate loneliness, Anxiety, grief, and stress when triggered, with professional & practical advice.

### ● **Personal Assistance** In Daily **living**

Practical Support: Get help with organisation, weekly planning, task breakdowns and communication relay, to stay on top of your life.



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### ● **MORE INFORMATION ...**

EMAIL | [adam@positivesteps.info](mailto:adam@positivesteps.info)

WEBSITE | [positivestepsclinic.com.au](http://positivestepsclinic.com.au)

### ● **FOR A FREE TRIAL ...**

CLINIC NUMBER | **0466845820**



### **CONTACT ADAM**

our **CLINIC MANAGER**  
**TODAY**



**Timely Welfare Checks:** We're here for you, with scheduled welfare checks, and a personally Implemented risk assessment and safety plan ensuring your safety and well-being day and night.

**Responsive Emotional Support:** Whether it's late at night or the weekend, we provide the comfort and assistance you need when you need it most.

**Tailored Assistance:** From everyday tasks to managing your schedule, we help make daily living smoother for you.

### INCLUDED with our **Support-line**



**After-hours On-call phone & text Support**  
5pm-1am (6pm-2am AEDT) Wed-Sun + Weekends



**Your own personal designated Psychosocial Support Specialist who knows your needs**



**Daily / Hourly Scheduled Welfare Checks**



**Personal Risk Assessment & Safety Plan**  
(Sent to you & your support team)



**NDIS, CrisisTrained & Trauma informed Psychosocial Support-Specialist**



**Support with task breakdowns & weekly planning**



To get the After-hours Psychosocial support you need, contact us today on :0466 845 820 or fill out our Enquire / Referral form @ <https://www.positivestepsclinic.com.au/services-7>

| Core & Capacity Funded

+ We collaborate closely with your Support Coordinator to relay crucial information, empowering your journey to well-being